

# Roommate Personal Assessment

Please read the following questions and select the answers that most accurately reflect your preferences. Select multiple answers as appropriate. After you have completed the Roommate Personal Assessment form to identify your thoughts and feelings on the preferences you have of yourself and your roommate(s), you all will meet to discuss the topical areas, i.e. sleeping habits, studying habits, personal property, etc., and reach an agreement on these issues.

## SLEEPING

- 1) I usually go to bed at \_\_\_\_\_
- 2) I usually wake up at \_\_\_\_\_
- 3) I sleep best when \_\_\_\_\_
  - a) the room is completely silent and dark
  - b) a window is left open
  - c) with the TV stereo or radio on
  - d) with a light on
  - e) the room is cool
  - f) the room is warm
  - g) the curtains are open
  - h) the curtains are closed
- 4) I awaken best when \_\_\_\_\_
  - a) the alarm clock sounds
  - b) am gently nudged
  - c) my name is called several times asking me to wake up
  - d) I hit the snooze button several times prior to fully awaking
  - e) the alarm clock jars me out of my sleep



## STUDYING

- 1) I prefer to study \_\_\_\_\_
  - a) during the morning
  - b) during the afternoon
  - c) during the evening
  - d) late at night and into the early morning
  - e) in my room
  - f) in a common area of the suite or hall
  - g) outside of the residence halls
- 3) I find that the following is conducive for studying \_\_\_\_\_
  - a) complete silence
  - b) having the stereo or TV on
  - c) being alone
  - d) being with others

## COMMUNICATION

- 1) If my roommate(s) and I share an answering machine, I prefer that
  - a) my roommate(s) leave messages on the machine
  - b) my roommate(s) write down the messages and leave them \_\_\_\_\_  
(YOUR PREFERRED LOCATION)
  - c) the greeting on the answering machine message will say \_\_\_\_\_
- 2) When I am not present to receive a phone call, I prefer that my roommate(s):
  - a) write down a message and leave it for me \_\_\_\_\_  
(YOUR PREFERRED LOCATION)
  - b) tell the caller I am not home and ask them to call back at another time
- 3) When I am present to receive a call, but the phone is in use, I prefer that my roommate(s):
  - a) tell me immediately if a call has come in
  - b) tell me after the phone is free
  - c) take a message for me informing the caller the line is not free
- 4) I prefer not to receive phone calls after \_\_\_\_\_ or before \_\_\_\_\_.
- 5) When I am upset, I prefer to:
  - a) talk about things right away
  - b) take some time to think and then talk about what is bothering me
  - c) not to talk about things
- 6) If my roommate(s) are upset with me I prefer:
  - a) that they tell me right away
  - b) that they wait and find time for us to talk about it
  - c) that they tell the RA

- 7) If I were going to be gone for a weekend or longer, I would:
  - a) want my roommate(s) to know where I am
  - b) let my roommate(s) know when I would return
  - c) prefer not to let my roommate(s) know my whereabouts

## PERSONAL PROPERTY

- 1) My roommate(s) may use the following possessions of mine:
    - a) Stereo  YES  ASK FIRST  NO
    - b) Television  YES  ASK FIRST  NO
    - c) Furniture (bed, desk, closet)  YES  ASK FIRST  NO
    - d) Appliances (i.e. hairdryer)  YES  ASK FIRST  NO
    - e) Computer  YES  ASK FIRST  NO
    - f) Clothes  YES  ASK FIRST  NO
    - g) Food  YES  ASK FIRST  NO
  - 2) I prefer that guests of my roommate(s):
    - a) not use my possessions
    - b) use my possessions as I have indicated my roommate can use them
    - c) use my possessions only after I have given permission
  - 3) If someone wants to borrow my property, I would prefer that my roommate(s):
    - a) lend it to the person
    - b) lend it to the person only if I previously granted permission to that specific person
    - c) never lend out anything of mine
- ## GUESTS
- 1) I prefer that visitors, guests and significant others:
    - a) be allowed any time
    - b) leave when I go to bed
    - c) leave when I go to bed unless previously discussed on an individual basis
    - d) leave when I am in the room
  - 2) I prefer that guests visitors and significant others:
    - a) not be left alone in the room
    - b) be left alone in the room without my roommate(s) or myself present

I wonder if they will clean the room???



- 3) I prefer that the guests be in the room for:
  - a) studying
  - b) socializing
  - c) dates

**All overnight guests must be approved by my roommate(s).**

- 4) When my roommates ask me to approve their overnight guests, I prefer to be asked:
  - a) more than a day in advance
  - b) the same day that the guest is spending the night
  - c) when the guest is not present in the room

## CLEANING

- 1) I prefer the room to be:
  - a) very orderly and clean
  - b) somewhat orderly and clean
  - c) somewhat messy
  - d) messy or no preference
- 2) When it comes to cleaning the room (also bathroom, living area) I prefer that we:
  - a) take turns cleaning the entire room
  - b) clean up our own space when we want
  - c) clean the room together
- 3) When it comes to trash I prefer that we:
  - a) take turns taking out the trash
  - b) take out our own trash